

## thematic bible study

# psalm 139

### **Preparation**

*Pray. Suggested prayer: God, Thank you that I can come to you as Father, please keep us focused as we learn about how you see us and love us.*

*Where do we look for our Identity?*

*What do you think is the “perfect” image?*

### **Exploration**

*Read Psalm 139 and in your group discuss the following questions;  
How does it make you feel to read that God knows everything about you?*

*Look at verse 14; “I am fearfully and wonderfully made”*

*How does this make you feel? Has the opinions of others or the media ever made you doubt this sentence? Why do you think this is?*

*“...where I to count your thoughts towards me they would number the grains of sand”*

*What kind of thoughts do you think God thinks about you? Do you think they are good thoughts?*

### **Destination**

*“What marvellous love the Father has extended to us! Just look at it—we're called children of God! That's who we really are. But that's also why the world doesn't recognise us or take us seriously, because it has no idea who he is or what he's up to.” 1 John 3: 1*

*Are you ready to take on your identity as a child of a king?*

